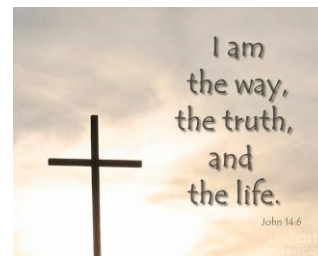




**ENGLISH MARTYRS CHURCH**  
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<http://parish.rcdow.org.uk/wembleypark>  
**Fr Albert Ofere**  
**24th Sunday in Ordinary Time**  
**12th September 2021**



**Pope Francis Prayer Intention for September:** An Environmentally Sustainable Lifestyle We pray that we all will make courageous choices for a simple and environmentally sustainable lifestyle, rejoicing in our young people who are resolutely committed to this.

|                   |                                  |   |  |
|-------------------|----------------------------------|---|--|
| <b>Sat 11th</b>   | 6 p.m.                           | People of the Parish  |  |
| <b>Sun 12th</b>   | 9.00 a.m.<br>11.00 a.m.          | D Da Costa R.I.P.; C Hennessy R.I.P.<br>C Borges Int; A Fernandes R.I.P. L Connell R.I.P.<br>Alice & Achamma R.I.P. | <b>No Evening Mass</b>                           |
| <b>Mon 13th</b>   | St John Chrysostom               | A & J Connolly R.I.P.   |  |
| <b>Tues 14th</b>  | The Exaltation of the Holy Cross | D Laurencio C D'Costa R.I.P.  |  |
| <b>Wed 15th</b>   | Our Lady of Sorrows              | 7 p.m. J & P Costello R.I.P. ; R Sarinas Int  |  |
| <b>Thurs 16th</b> | Ss Cornelius & Cyprian           | G Perera R.I.P.; T Fernandes Int<br><b>Exposition of the Blessed Sacrament</b>                                      |  |
| <b>Fri 17th</b>   | Feria                            | J P Fernandes R.I.P.  |  |
| <b>Sat 18th</b>   | Our Lady's Saturday              | C Sheehan Int; Novena to Our Lady of Perpetual Succour  | <b>Reconciliation 10.40 a.m. &amp; 5.15 p.m.</b> |

### **Losing & Finding**

Giving up is part of life – you give up your time and money for your children and grandchildren. Parents say it was worth it for the joy in their faces. A person goes to work for the poor and gives up a better job. You want to do more study and know you have to leave some leisure aside that you like. In sport we sacrifice a lot to train and to do well. But something else comes through for us when we give up. If it's real and true we get back a lot. It seems strange for Jesus to say – lose your life to save it. He's talking about losing good things, to get better.

This can be a big challenge in a culture today that is very 'me' conscious. We can find that personal concerns take total precedence, without enough care for others. But as long as one person on this globe is hungry or homeless or seeking refuge, the work of Jesus is never done.

Losing life and saving life with Jesus is a call to community, to neighbourhood and the world, to make our part of the world a better place.

My own life may be my main concern, my circle of care may extend just as far as myself, ignoring care in a sustained way for the stranger or the outcast, then I am called to the challenge of the gospel to lose selfishness, and find the generosity given in my heart by God.

Making a big life change  
is pretty scary.  
But, know what's even  
scariest?  
Regret.

*September is Awareness Month for St Vincent de Paul (SVP). If you would like to join us or help in anyway, please see contact number on poster in the porch. More information to follow next week.*

- **First Communion Certificates** will be presented to the children (2021) next Sunday, 19th September at 11 a.m. Mass. Children are welcome to wear their First Communion outfits.

- **In the next couple of weeks' parents** of Year 6 children will have to start making choices about secondary schools for their children. It is important that they visit a variety of schools with their children and also read carefully the admissions criteria of the schools they are considering. All Catholic schools have an explicit expectation those children (and their Catholic parents) who apply should attend Sunday Mass every week. A *Certificate of Catholic Practice* will be required to confirm this. Details of dates when Fr Albert will be available to sign forms later.
- **Details** of open evenings on Noticeboard.

- **There will be NO SUNDAY EVENING MASS until further notice. Apologies for any inconvenience.**

**Keeping our church, a safe place to gather to worship:**

**Please use** sanitisers as you enter and leave the church.

**Wearing a face mask is strongly recommended**

**Track & Trace:** we are still obliged to keep record of people attending, there are a number of ways you can do this – 1. **You can** use QR code in porch. 2. **You can** write your details on sheet in porch or if you prefer **you can** register online for weekday and weekend masses.

- **Offertory Baskets:** The offertory baskets have been replaced by wooden boxes. They can be found on pillars inside both front porch doors. There is another one by the car park door.
- **Church Offerings:** Thank you to everyone who continues to support the parish financially. If you wish to donate by standing order our details **WRDCT English Martyrs** Sort Code: 40-05-20 Account Number 71308335. You can also use the contactless machine at the back of the church. Your generosity is very much appreciated.

- **St Margaret Clitherow School:** Foodbank is open Monday – Friday 12.00 – 1 p.m. (Parishioners welcome)
- **Donations** for the foodbank can be left at church or handed into the school. Your support is very much appreciated by our parish families.

- **MacMillan Coffee morning on Friday, 24th September after morning Mass.**

Act of Spiritual Communion:

*My Jesus,*

*I believe that you are present in the Holy Sacrament  
of the altar.*

*I love you above all things*

*and I passionately desire to receive you into my  
soul.*

*Since I cannot now receive you sacramentally,  
come spiritually into my soul  
so that I may unite myself wholly to you now and  
forever.  
Amen*

**Anima Christi**

Soul of Christ, sanctify us.

Body of Christ, save us.

Blood of Christ, inebriate us.

Water from the side of Christ, wash us.

Passion of Christ, strengthen us.

O Good Jesus, hear us.

Within Thy wounds hide us.

Suffer us not to be separated from thee.

From the malicious enemy defend us.

In the hour of our death call us.

And bid us come unto Thee,

That with all Thy saints,  
we may praise thee

Forever and ever.

Amen