



ENGLISH MARTYRS CHURCH
 Chalkhill Road, Wembley Park HA9 9EW
 Tel: 020 8904 2306 Mobile 07484680296
 – Email wembley2@rcdow.org.uk
<http://parish.rcdow.org.uk/wembleypark>



Fr Albert Ofere
6th Sunday in Ordinary Time
12th February 2023

Pope Francis Prayer Intention for February for parishes We pray that parishes, placing communion at the center, may increasingly become communities of faith, fraternity and welcome towards those most in need

Sun 12th	(Sat) 6 p.m. 9.00 a.m. 11.00 a.m. 6 p.m.	C Kirk R.I.P. I Bergamini R.I.P.; B Pereira Int L Xavier Lazar R.I.P. People of the Parish	
Mon 13th	Feria	B Nugent R.I.P.	
Tues 14th	St Cyril & Methodius	T Kavanagh R.I.P.; J Braganca R.I.P. D Allen Int	
Wed 15th	Feria	7 p.m. M Ankrah Int	
Thurs 16th	Feria	K Newman R.I.P.; T Coutinho R.I.P. S Uwechue Int	Exposition until 11 a.m.
Fri 17th	Feria	C Ryan R.I.P.; G O'Riordan R.I.P.; M Richardson R.I.P.	
Sat 18th	Our Lady's Saturday	D P Rebello R.I.P. <i>Novena to Our Lady of Perpetual Succour</i>	Reconciliation 10.40 a.m.

• **Mass Books: Order of the Mass: Page 7 – 6th Sunday of Ordinary Time : Prayers and Readings of the day: Page 136**

The heart of religion

This list of some of Jesus' sayings give an indication of what is important to him. He states the religious tradition of the people when he says that he has not come to abolish the old religion, and that religion must go much deeper and be an affair of the heart. He asks for forgiveness and reconciliation when he speaks about leaving a gift at the altar to go for reconciliation. He commends marriage, and faithfulness in marriage, in his views on divorce. He believes in the respect for sexuality that is shown in not using a person. This collection of Jesus' sayings forms a background to how he lived his life himself. He lived out these sayings in many of the events of his life, which we hear about on other Sundays. The Sermon on the Mount, of which this is part, is the backdrop to much of Jesus' life and mission, a sort of vision statement for his life and ministry.

Much of this went against the religious practice of his people, which was centered mostly on externals. He saw the ritual and the law of religion as important only if it came from the heart. This is the challenge always to religion - to live heartily what it enthusiastically believes. Practices in ritual and in religious custom and laws may change with different cultures and times; what is important is the way we live our lives, following Jesus and knowing that all our efforts to live like him are praised and rewarded. Pope Francis says, 'It is not enough to just respect the commandments and do nothing more. Christian life is not just an ethical life: it is an encounter with Jesus Christ' (9 May 2016).

*Repeat a favourite gospel phrase as you breathe in;
 your outbreath is your thanks for this help in your life.
 Lord, your will be done each day in my life.*



- **Fr Albert** will not be available on Monday evening.

Half-Term this week. There are no Confirmation or First Communion sessions.

- If you are planning to get married in this parish or elsewhere you will need to give the parish **at least six months' notice**. Engaged couples can find up to date information on Marriage Preparation Courses in the diocese at www.rcdow.org.uk/pastoralaffairs/marriageandfamilylife

- **CAFOD Syria-Turkey Earthquake Appeal** - CAFOD is responding with support of provision of food, water, shelter, medical assistance and winter kits for survivors. Your donations in recent months have made that quick response possible. Let us join CAFOD in praying for our sisters and brothers affected by the earthquakes and the winter weather. Your support for CAFOD throughout the year allows our Catholic agency to act quickly when disasters strike. For more details visit CAFOD's Syria Turkey Emergency Appeal online at <https://cafod.org.uk/give>.

- **St Margaret Clitherow School:** Foodbank is open Monday – Friday 12.00 – 1 p.m. The foodbank operates to offer support to all families in need within the parish. If you would like more information, please do not hesitate to contact the school on 84503631 or speak to Fr Albert or Mary.
- **Donations** for the foodbank can be left at church or handed into the school. Your support is very much appreciated by our parish families.
- **Items urgently NEEDED** please, Tuna, Long-life milk (Full, semi & skimmed), Chickpeas, Coffee, Shampoos, Conditioners, Body wash, Liquid Hand Soap, Toothpaste, Toothbrushes, Baby food, Baby milk, Baby powdered milk, Soft drinks to dilute – orange, blackcurrant etc., Tin fruit – apple, pears, oranges, mixed fruit., Tin hams, Baked beans with sausages and Noodles. THANK YOU!

Anima Christi

Soul of Christ, sanctify us.
 Body of Christ, save us.
 Blood of Christ, inebriate us.
 Water from the side of Christ, wash us.
 Passion of Christ, strengthen us.
 O Good Jesus, hear us.
 Within Thy wounds hide us.
 Suffer us not to be separated from thee.
 From the malicious enemy defend us.
 In the hour of our death call us.
 And bid us come unto Thee,
 That with all Thy saints,
 we may praise thee
 Forever and ever.
 AMEN

- **Parish Finances: Offertory: Envelopes** £787
 Loose Plate £918 Contactless £309
- **Building Fund;** £570 **Thank you**

- **Annual Mass of Thanksgiving for the Sacrament of Matrimony: Westminster Cathedral, Saturday 13th May 2023 at 2.30pm.** The Cardinal is inviting to this Mass all couples in the Diocese, who are celebrating their 5th 10th, 25th, 30th, 40th, 50th and 60th (and every year over 60) Wedding Anniversary of Catholic Marriage in 2022. If you are celebrating an anniversary, please give your parish clergy the following details: husband and wife's names, wedding date, full postal address and email (or telephone number, if no email).